



BOB

Buckinghamshire, Oxfordshire
and Berkshire West
Integrated Care System

NEWS BULLETIN

Buckinghamshire Oxfordshire and Berkshire West Integrated Care System

November 2019

ICS Joins National Population Health Management Programme

BOB ICS has been selected to take part in a national NHS England Population Health Management Development Programme. The invitation follows the very successful participation from Berkshire West in the first wave of the programme, which was delivered over the past year.

The programme aims to accelerate the adoption of Population Health Management techniques at all levels from neighbourhoods and Primary Care Networks to across the ICS footprint.

Population Health Management is an emerging technique to use data to design new models of proactive care and deliver improvements in health and wellbeing, while making best use of the collective resources. It aims to improve physical and mental health outcomes, promote wellbeing and reduce health inequalities across an entire population. This includes focusing on the wider determinants of health – which have a significant impact as only 20% of a person’s health outcomes are linked to the ability to access good quality health care – and the crucial role of communities and local people.

In Berkshire West, analysis pinpointed poorer outcomes in their Nepalese community with diabetes and a lack of uptake in the standard NHS offer. Primary Care Networks in the area are now offering longer consultations including group consultations in the evening, with more information about diet and nutrition, and social prescribers are connecting people into community health coaching. This is providing better personalised care to help people to stay well, active and independent.

Dr Dan Alton, GP and Berkshire West CCG Population Health Management Clinical Lead described the benefits of the approach:

“We’ve developed a system where at every level we have close working to really understand what’s happening in our populations, identify cohorts who may need a slightly different approach and try to get under the surface of what’s happening in their lives.”

Population Health Management will be an important foundation to the work of the ICS to deliver its five year plan and the ambitions of the NHS Long Term Plan – by supporting work to join up care for the increasing number of people with long-term conditions and proactively helping people to stay healthy and avoid complications. By taking part in the national programme, the ICS will be able to accelerate its journey on the path to Population Health Management, it will enable a better understanding our population’s needs at both a system and local level, support new ways of working in Primary Care Networks and build our system’s analytical capability.

Preparing for Future Population and Economic Growth

The wide range of health and care organisations that make up the Buckinghamshire Oxfordshire and Berkshire West Integrated Care System (BOB ICS) together serve a total of 1.8 million people, with this set to increase in the coming years. At its November meeting, the BOB ICS Systems Leaders Group considered how to harness the opportunities and find solutions to the challenges that future economic and population growth could bring – a strategic priority for the ICS.

The population within the BOB ICS area is one of the fastest growing in the country, predicted to increase by over 20% by 2033, particularly amongst the elderly and very elderly population. The overall population is also likely to further increase as the ambition is realised of what is known as the Oxfordshire-Cambridge ARC, which aims to stimulate economic growth, research and business opportunities

<https://www.gov.uk/government/publications/the-oxford-cambridge-arc-government-ambition-and-joint-declaration-between-government-and-local-partners>

The ICS covers an area with a strong infrastructure - there are a number of highly regarded medical schools, universities and biomedical research centres and there is strong investment in research, development and innovation, including over 500 life sciences businesses with major strengths in medical diagnostics and digital innovation. It also faces a number of challenges. For example, many health and care employers experience difficulty in recruiting and retaining staff due to the high cost of living; there is significant house building in some areas of our system but in other locations, building is restricted; population growth will bring increased pressure on services.

Economic and population growth is a key issue for many partners across different scales and geographies and our approach will reflect that, with Local Authorities playing a particularly key role. Many of our relationships will focus on Place, and our Place leaders will continue to build relationships with Local Economic Partnerships (LEPs) and growth boards and other local partners. As BOB ICS Executive Lead, Fiona Wise is spearheading work to ensure close links are established with other ICS/STP leaders within the Oxford/Cambridge ARC area. By working in this way, System Leaders will be able to bring a health and care voice to longer term strategies, such as infrastructure and innovation, and to more immediate work to make sure health and care services, and the way they are delivered are fit for our future population and its needs.

Deadline Approaches for Views to be submitted on Proposals for NHS Commissioning Arrangements

Colleagues and ICS stakeholders have until **midnight on 1st December** to submit their feedback on proposals for future arrangements for NHS commissioning in Buckinghamshire, Oxfordshire and Berkshire West. This first stage of engagement, launched in October, will help inform CCG Governing Body decisions about next steps. To support the engagement process, an engagement document has been produced which outlines proposals for new two ways of working:

- Local working in each of the three counties through Integrated Care Partnerships
- Wider, at-scale working across the three counties through an Integrated Care System

A copy of the engagement document and details of how to respond are available on the BOB website <https://bobstp.org.uk/what-is-the-ics/news/posts/2019/october/views-sought-on-the-future-of-nhs-commissioning-arrangements/>